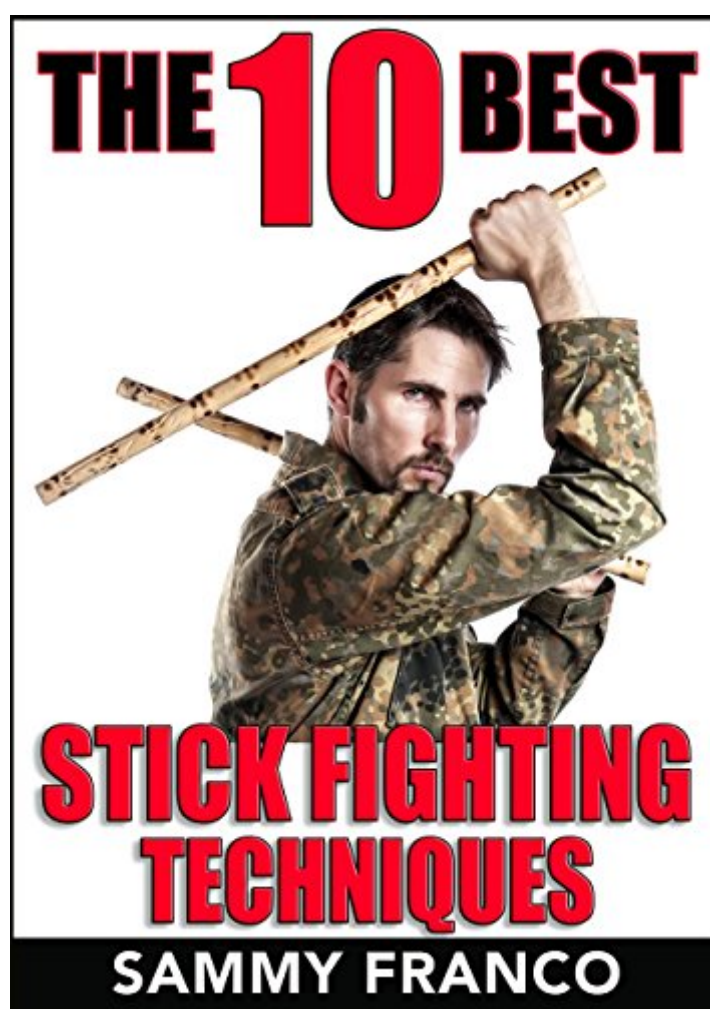


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The 10 Best Stick Fighting Techniques: A Practical Approach To Using The Kali Stick, Police Baton, Or Nightstick For Self-Defense (The 10 Best Series Book 4)





Synopsis

Devastating – Stick Fighting Techniques

The 10 Best Stick Fighting Techniques is the fourth installment in Sammy Franco's 10 Best Book Series. This unique book offers you the most practical and useful methods for using a combat stick for real-world self-defense. Ideal for all Types of Combat Sticks

The 10 Best Stick Fighting Techniques is an excellent source for learning how to use some of the following weapons: Kali and Escrima Stick, Police Baton, Collapsible Steel Baton, Nightstick, Side-Hand Baton.

Over 30 Years of Combat Experience

The 10 Best Stick Fighting Techniques is based on world-renowned martial arts expert, Sammy Franco's 30+ years of research, training, and teaching reality based self-defense. Mr. Franco has taught these unique stick fighting techniques to thousands of his students, including law enforcement agents, military personnel, and civilians, and he's confident they will help you in a desperate time of need.

No Previous Training Necessary

Regardless of your training background or level of experience. The stick fighting techniques and strategies featured in this book are straightforward and will work seamlessly with your current martial arts, self-defense, or survival program. If you're a student of the Filipino Martial Arts (FMA) or just a recreational enthusiast, you'll also find The 10 Best Stick Fighting Techniques a welcome addition to your library. Best of all, you don't need any previous training to master these devastating stick fighting techniques.

Beginner or Advanced, Student or Instructor

Whether you are a beginner or advanced practitioner, student or instructor, The 10 Best Stick Fighting Techniques teaches powerful street-oriented techniques and proven fighting methods to get you home alive and in one piece.

Book Information

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Short Reads > 90 minutes (44-64 pages) > Sports & Outdoors

Customer Reviews

This is another superb book by Sammy Franco. It's a great introduction to simple, practical methods of using a fighting stick, baton, nightstick, etc. for self defense. He covers important topics such as the following: angles of attack, how to hold the stick, the importance of movement and how to move, and how to apply chokes with the stick. He also goes into how to practice with the stick, and where to go to get more information on the topic. This concise book is well worth the small price. I highly recommend it!

Good info. Not a book. This is an intro to his other books.

No meat on the bones.Nothing like cane fighting.Little practical application of any real world techniques.Glad it was not very expensive.

I count on Mr. Franco to give a practical view. I do not know much about stick fighting, so this text was a fine introduction to the essentials. Sticks etc. are a primal type of weapon, which feels important to know the basics about.

This is another example of Mr Francos' excellent method for breaking things down and teaching without all the filler. I'm enjoying the 10 best series and this is no exception.

Based on the title and the description I expected a lot more instruction. Instead we get very little content. And the suggestion that if you want to learn the subject find a good instructor.

Its baby basics, I am sorry I bought it. They are not the best stick fighting techniques.I'm surprise he would sell such techs.

This book was just an advertisement for his DVD. It only discussed a few techniques briefly and

ended each discussion saying to get professional training. If I had wanted that I wouldn't have bought a book.

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